

Prime Minister **Narendra Modi** inter-acts with **Graduating School Students**

January 29, 2024

January 29, 2024, **New Delhi**, Bharat (India): On Monday, Prime Minister **Narendra Modi** shared some practical tips about the forthcoming Higher Secondary School examinations with students, teachers, and parents during the 7th edition of the annual **Pariksha Pe Charcha** (*means "Discussion on Examination"*) program. During the event, PM **Modi** emphasized the significance of aspects such as friendship, health, stress management, technology, and adequate sleep for students preparing for exams and the importance of a balanced diet. He also highlighted the **positive influence** of having **ambitious friends** and **advised against comparing children**.

3,000 students, parents and teachers attended in person at Bharat Mandapam in New Delhi and about 20 Mn participated through Internet from all over the country.



January 29, 2024: New Delhi, India: PM Modi discussing with students, In New Delhi and from all over India through Internet

Here are the 10 major takeaways from his interaction with children, parents, and students:

1. Do not run away from technology, use it judiciously!
Prime Minister **Narendra Modi inter-acts with Graduating School Students** said that **if used wisely, technology can be a blessing**. He advised the graduating students to educate their parents about how their mobile could help find information, which could help them in their academic work.
2. Set small goals and improve your performance, where required, gradually!
3. The Prime Minister asked the teachers to treat every student equally, so that a poor student is not discouraged from improving herself!
4. Take care of yourself through a deep and restful sleep!
5. Focus on practicing writing during the preparatory stage! It helps you learn time management, when expressing yourself.
6. Calm yourself, take a few minutes to do deep breathing exercises in the exam hall!
7. Embrace the positive impact of having friends with ambitious goals! PM Modi advised against obsession with competition with other students. He asked them to focus on self-development.
8. **Narendra Modi** asked the parents to avoid comparing children!
9. He emphasized the importance of challenges and healthy competition!
10. PM **Modi** said that the **Report Card** should **not** be considered by parents as their **visiting card**. The parents should focus on a supportive environment of overall well-being!

At the Mandapam, an exhibition on innovations by students saying what they would like to do on the ground, in the skies and in the oceans had been arranged. Imaginative models by what students would like to do with AI were also in the exhibition. They had also expressed themselves about what they would like the New EDUCATION POLICY of 2020 should do for them.

Prime Minister Narendra Modi urged all those present to visit the Exhibition.
